

Ancient Journey of the Mystic

Unlock the Master within, transform your outer world

Sacred Sites pilgrimage to Britain and Ireland July 2020
with the Almora team

Itinerary

DAY 1

Wednesday
15th July

10.30am - You will be picked up and transported the Strand Palace hotel in the centre of London to Avalon/Glastonbury, and we will meet our host and driver John Flanagan. John is a teacher of metaphysics, and a spiritual practitioner from Ireland. He has a deep knowledge of these sites and is a very gifted healer and psychic. Opening ceremony with John in Woodhenge. In the evening, we will take a nature walk to connect with the elementals, the animal and nature spirits, opening to the ancestors of the land and our ancient past. Followed by a welcome dinner at the ancient Pilgrims hotel a 15th century old pilgrim's inn for dinner. (D)

DAY 2

Thursday
16th July

7.45am - Up early for a full tour of Glastonbury, starting with our 8-10 am Sacred waters purification ceremony at Chalice well. Followed by a walk up to the Tor. Stop for morning tea (own expense) and over to The Abbey. We explore the Arthurian legends, the Knights of the Round Table, the priestess of Avalon and a time of magic, chivalry and adventure. Some free time in the afternoon to enjoy the sacred places, or many crystal and healing shops in the area.

7.30-9pm - An evening at The beautiful Magdalene chapel (the Chapel is part of a group of buildings that date back to the 13th Century, when Glastonbury was a major pilgrimage destination). Here we will contemplate, the incredible and teachings of Mary Magdalene. Almora will connect with her and bring her love and teaching into our sacred space with Almora/Dellaina. (B)

DAY 3

Friday
17th July

Early start for Cornwall and a full tour of Tintagel, Arthur's castle, Merlin's cave, St. Nectar's Glen and Waterfall, and Rocky Valley. We will explore the story of Isolde and Tristan and the complex triangle of love, passion and betrayal and hear about Merlin the wise wizard and teacher and Morgan La Faye. A ceremony will be conducted, connect with the dragons of this land. Then we will return home for some well needed rest. (B)

DAY 4

Saturday
18th July

A full tour of Woodhenge, Salisbury Cathedral and Camelot, Stonehenge with private evening access after it is closed to the public. Dellaina will lead an activation of energy opening the way the communications with the guardians of the stones. This will be a real gift to spend time in this ancient place, witnessing the spiritual visitors that still inhabit this place. We will stop in a quaint country public house for dinner before heading home to bed. (B)

DAY 5

Sunday
19th July

Having the chance to get your bearings and reconnect with this mystical and magical town, the Almora team will facilitate a morning workshop and 'Gateway to the spirit world' ceremony at chalice well.

Chalice Well is one of Britain's most ancient holy wells, nestling in the Vale of Avalon between the famous Glastonbury Tor and Chalice Hill. For over two thousand years it has been a place of pilgrimage where people have gathered to drink the waters and find peace, healing and inspiration. Wells often feature in Welsh and Irish mythology as gateways to the spirit world and. The waters are acknowledged as the essence of life, the gift from Mother Earth to sustain its living forms and so a continuous spring like Chalice Well is a direct expression of an unbounded life force.

After the healing sacred waters ceremony. You will have free time to explore the gardens and the legends of the healing waters. Followed by free time in the afternoon to enjoy the sacred places, and many crystal and healing shops in the area. Evening at leisure. (B)



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DAY 6

Monday
20th July

Full tour of Avebury stone circle, West Kennet Long Barrow, The Sanctuary, and any crop circles. Who made these circles? We will mediate on the symbols of the crops and have a discussion about our insights. Some private time for meditation, contemplation and a little musing in your journals or creativity. (Please note we cannot guarantee the crop circles but trust they will appear for us!).
7.30–9pm - After dinner 'Christ the Redeemer' world peace, healing meditation ceremony at The Magdalene chapel with the Almora team. Allow the heart of Christ to bring a sense of peace to the world and your life. (B)

DAY 7

Tuesday
21st July

Today we explore our similar life missions as servants of the light with the famous Knights Templar - Protectors of the pilgrims tour of Wales. Although their original purpose was to protect pilgrims from danger, the Knights Templar progressively expanded. They became defenders of the Crusader states in the Holy Land, and were known as brave, highly skilled warriors. Here we visit an important initiation chapel and conduct a meditation and ceremony. Then Tintern Abbey and Hereford Cathedral. Overnight in Wales. (B)

DAY 8

Wednesday
22nd July

After breakfast we leave Wales and catch our Ferry to Ireland. We meet our new hosts from the magical retreat Simone and Leita, and travel to their sacred land our home for the next five days. Kushi Holistic Learning Center a magical space for people and animals to heal and come together.
Afternoon - Innovations and meeting of the ancestors, ceremony Ihaia and our hosts. Followed by a welcome lunch or dinner (depending on ferry arrival time still TBA) settle in.
After dinner a welcome to Eire evening ceremony, with Almora and our group, hosts and facilitators Simone and Leita. (B) (D)

DAY 9

Thursday
23rd July

2 day Celtic mysteries course, days 9 & 10 will include teachings of the Celtic Mysteries course Kushi has to offer, expanding your knowledge of Earth Magic and ability to read omens. You'll familiarize yourself with Celtic ritual and reflection, along with developing your own personal skills using Earth Magic. History of the Magician will be taught, along with the supplies and instructions for creating your very own personalised Talisman. Not only will you be able to create your own sacred space once the two-day course is through, you'll also raise your awareness in the art of divination. (B) (L) (D)

DAY 10

Friday
24th July

Overnight at the heritage park we will conduct a ceremony at the stone circle. At the fairy glen we welcome the fairies, orbs, and the nature spirits. Feel the joy and playfulness they gift us. (B) (L) (D)

DAY 11

Saturday
25th July

Coach tour to Newgrange and Hill of Tara. The Hill of Tara is linked with landmarks dated back to 2500BC (the Mound of Hostages) as well as Pagan history & power. Along with myths surrounding Atlantis and Irish religion/folklore. You'll learn more than you'd ever dreamed surrounding this ancient and magical place. Newgrange is over 6000 years older than the Giza Pyramids and over 1,000 years older than Stonehenge. Its walls are etched with enigmatic designs that some archaeologists compare to cosmological happenings. Visiting this site we lead an activation to open your third eye more fully, and an opportunity to commune with the guardians of this sacred place. (B) (D)

DAY 12

Sunday
26th July

After a morning meditation and breakfast, we head into Wexford and Wexford town. We visit The Templars Church, The Hook Lighthouse.
Some private time to commune and connect with the spirit of the land, and the ancestors of these sacred places, there will be lots of stories to tell on the way, Faeries, Legends and History with our guides and hosts Simone and Leita. Our last dinner at Kushi healing centre an evening meditation on gratitude and, stories to share. (B) (D)

DAY 13

Monday
27th July

Morning Closing ceremony with the Almora team, followed by a journey into Dublin.
Optional: Explore Trinity college, Library, Book of Kells, Dublin castle, Chester Betty museum, Molly Malone statue, The ha'penny Bridge, The river Liffey (Splits Dublin into North and south sides). Famous Grafton street (high end shops). The General Post Office (Site of the 1916 Rebellion) The Dublin Spire, Henry St.
In the evening we experience a fun traditional Irish Show at the Arlington Hotel. Includes a 3 course traditional Irish Dinner, Traditional Live Irish Music & Dancing Show.
For Fun: National Leprechaun Museum. (B) (D)

DAY 14

Tuesday
28th July

After breakfast you continue with your own arrangements from here. We will leave you here to let your mind, body, and spirit soak in the knowledge of the preceding days of this beautiful sacred land, our hosts, and all the gifts we have received from the seen and un-seen worlds. (B)



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